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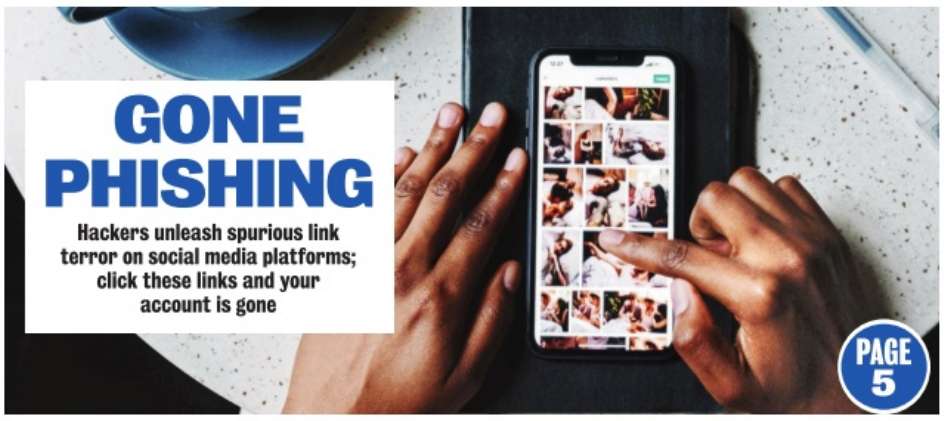
Bangalore Mirror

TEMP Max 27 | Min 21 | Humidity 71% Scattered Thunderstorms Sensex 76,490 | Nifty 23,259 | Gold 71,210 | Silver 89,205 | Dollar 83.52 | Euro 89.67 | GBP 106.12



GONE PHISHING

Hackers unleash spurious link terror on social media platforms; click these links and your account is gone

PAGE 5

BIRD'S EYE VIEW

BDA wants to employ drones to get 360-degree view of city to craft comprehensive masterplan

PAGE 4

Old furniture, debris, plastic waste spill out from under incomplete Ejipura flyover onto road that has already shrunk due to barricades put for work that has been going on for a decade

NICE TRASH NICHE

Pourakarmikas keep place clean, but trashing relentless

Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

KAUSHIK JN

The story of Ejipura flyover has been dragging on for so long that there is no waste that it has not ended up collecting along the way. While it was always a sore point due to the inordinate delay in completing its construction work, the space under the incomplete-flyover has now also become an eyesore, gradually having turned into a dumping yard for all types of waste.

The barricades put up under the flyover continue to cause traffic snarls during the peak hours. Commuters and motorists continue to suffer due to traffic jams on this 2.5-km long road due to the barricades put up under the flyover which is yet to be completed even after a decade. Garbage dumped under the half-done flyover has added to the agony of commuters.

The waste includes an old sofa set and construction and demolition debris.

"The delay in completing the construction of the flyover is the reason for some irresponsible people dumping waste under the half-done flyover. There is no clarity about the deadline for completing the construction work due to the tussle between the BBMP authorities and the contractor.

CONTINUED ON PAGE 8 »

> **"There is no clarity about the deadline for completing the construction work due to the tussle between the BBMP authorities and the contractor. One can see rusted steel rods protruding from incomplete pillars at the Ejipura Junction**
>
> — Anil Kumar, a resident of Ejipura

Finishing touches to KR Market

No big structural changes, only minor changes to structure after redevelopment work that lasted 3 years

Melvin Mathew
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TWEETS @BangaloreMIRROR

The KR Market facelift work ongoing since 2021 is expected to be wrapped up by next month. So far, Bengaluru Smart City Limited (BenSCL) that is handling the project has spent over Rs 30 crore for the redevelopment work.

Built-in 1995, the KR Market, once a popular economic centre, was losing out due to poor maintenance. BenSCL officials informed BM that KR Market did not need any major structural integrity improvements and only needed some minor fixes.

Major improvements have been made on the western side of KR Market with a new entrance and ramp facility. Four passenger lifts and two goods lifts have been provided in the space. The centre portion of the market has been provided with a metal staircase connecting the first floor, ground floor and basement.

"We have completed the flooring work by replacing the existing floors with granite. The floors were laid down in 1995 and had suffered some damage. There was water leaking in some areas. Waterproofing work was taken up at the terrace and basement. The big glass domes were replaced with toughened glass. A toilet facility has been provided on all three floors with separate ones for men and women. Rewiring and replacing of fixtures have been done.

CONTINUED ON PAGE 8 »

3 THINGS TO DO

01 Groovy beats

Immerse yourself in an evening of exquisite jazz and bossa nova at Windmills, featuring the renowned jazz pianist Massimo Faraò Trio and Claudia Zannoni. Join in for an unforgettable musical experience with Massimo Faraò on piano, Davide Palladin on guitar, Nicola Barbon on double bass, and vocals by Claudia Zannoni. Faraò's collaboration with Zannoni promises a spellbinding performance that harmonises various musical genres into a compelling composition.
Where: Windmills; When: June 14–15, 9:30 pm

02 Thoughtful conversations

Engage in fun art activities and explore thought-provoking prompts related to queerness and identity with a 'Sip and Paint' session by Fizapreet Dhillon designed to foster creativity, connection, and community in celebration of Pride Month. Whether you identify as queer, are exploring your identity, or are an ally eager to learn and support, this event is for you. Come and enjoy an evening of creativity, conversation, and community.
Where: Atta Galatta; When: June 16, 5 pm to 7 pm

03 Fun and fitness

Step into the rhythm of fun and fitness with 'Kids Freestyle Fitness Dance Workshop.' Tailored for children aged 3–7 and 8–16, this dynamic workshop is the ultimate blend of movement, muscle coordination, and musicality. Led by experienced instructors, kids will embark on an exhilarating journey of self-expression through dance. With plenty of laughter and camaraderie, children will bond with peers their own age, creating memories that last a lifetime. **Where: New York Dance Classes, BTM; When: Until June 28**

Monsoon dengue surge: City faces double threat

Maintain good hygiene, stay hydrated, prevent stagnant water collection near homes: City doctors

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Doctors in Bengaluru have observed a significant increase in dengue cases among children. This uptick began towards the end of May and has continued into June, with many young patients presenting with symptoms such as fever, eye pain, and body pain. The rise in cases highlights the need for heightened awareness and preventive measures during this season. Speaking about how there has been a rise in dengue and viral infections after Covid times, Dr Shilpa Patel, Internal Medicine at Vaidhya Medical Centre in Kalyan Nagar, said, "Usually, when the monsoon showers start, we see an increase in viral fever and dengue cases. During the Covid-19 pandemic, we were primarily dealing with Covid infections and did not spot many dengue cases. Now, with the rains, dengue infections have started to rise, mainly due to mosquito bites. We are seeing many cases in children."

Phases of dengue

Dengue typically starts with body pain and headache lasting five to seven days, followed by a fall in platelet count over the next three to four days, and finally an increase in platelet count and a reduction in fever in the next phase, during which patients often develop rashes, indicating the recovery phase, said Dr. Patel. "In some cases, it can lead to severe conditions like dengue hemorrhagic fever or dengue shock syndrome, characterised by alterations in pulse and blood pressure, leading to low blood pressure. Despite administering fluids, it can become challenging to stabilise these patients, making the situation very dangerous. This year, we are seeing more cases of dengue in both children and adults. The ideal platelet range is 1.5–4 lakh. If it goes below 20,000, a platelet transfusion is required along with ICU admission."

Managing dengue at home

Dr Supraja Chandrasekar, Director of Pediatric Services, DHEE Hospitals, Kanakapura Road, said dengue tests are done by the third to fifth day as there are chances of false negative results. "Children come in with fever, eye pain, and body pain, and many test positive." Dengue can be managed at home with appropriate treatment and hydration, along with proper monitoring by a doctor. "We advise parents that during the monsoon, children can get high-grade fevers, and we prescribe paracetamol as needed every six hours. If the fever is high, occasionally use NSAIDs and tepid sponging. It's important to keep them well-hydrated. For those with loose stools and vomiting, starch-based fluids are recommended, as they are easily absorbed and do not increase stools. Stick to foods like idli, khichdi, curd rice, and tender coconut water. Ensure urine is passed every four to six hours. If a child develops bleeding from any orifice, has non-blanching rashes, or puffiness around the eyes, bring them to the hospital. This time, 50 per cent of the positive cases were admitted, and the majority of the rest were treated at home with close monitoring," she said.

Preventive measures

Dr Girish Bhandari, MBBS, MD Pediatrics, Consultant Pediatrician at Prashanth Hospital, Banashankari, said, "Dengue mosquitoes can grow even in small pockets of water like pots, coconut shells, etc and cause devastating complications, affecting kids of all ages. Prevention mainly involves ensuring these water pockets are eliminated. However, in a city like ours, it is tough to achieve this, so at least in our homes, we need to take these preventive steps. The complications are very severe, as the virus can affect the whole body and can be fatal at times. Maintaining good hygiene and preventing stagnant water collection is the least we can do. Once diagnosed, visit your nearest doctor promptly, as many may ignore how sick the child is due to a lack of general knowledge and come at a critical phase, making it challenging for doctors to care for the child."

'Still waiting for appointment orders'

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Selected candidates staging a protest at DCE on Monday

Around 400 candidates selected for assistant professor posts staged a dharna at the Department of Collegiate Education (DCE) on Monday in support of their long-pending demands. The candidates are demanding that the Department issue their appointment orders. The candidates had previously staged a dharna in July last year at Freedom Park, demanding the Department to issue appointment letters. They had claimed that the majority of them, who were working at private colleges, had resigned from their jobs, expecting the Department to issue appointment orders to them.

"The authorities have been delaying the process of issuing the appointment orders to us on one or the other pretext. Many of us have no jobs and are waiting for appointment orders from the DCE. We have been meeting the authorities on a regular basis and requesting that they issue the appointment orders, but nothing has happened till date," said Narahari, one of the candidates for the assistant professor posts. It may be recalled that the Department of Collegiate Education issued a notification on February 25, 2024, announcing the schedule for the transfer of incumbent faculty and the posting of new faculty. The Department also issued one more notification on February 27 stating that the transfer of incumbent faculty must begin on March 21 and conclude on March 25. The notification stated that a separate notification would be issued for the posting of new faculty. However, no notification was issued in this regard, even after three months.

One of the candidates said the state government has been making arrangements to implement the new education policy without completing the process of filling the vacancies for the assistant professor posts. "I do not know why the Department of Collegiate Education is not issuing the appointment orders for us. Most of us are struggling to make ends meet. I appeal to the authorities concerned to issue appointment orders in the interest of more than 1,200 candidates selected for assistant professor posts," said one of the candidates staging a dharna.

Meanwhile, members of the Legislative Council, Puttanna and Ramoji Gowda, visited the dharna and assured their moral support. "We want to continue this dharna till the DCE issues appointment orders to us," said another candidate.

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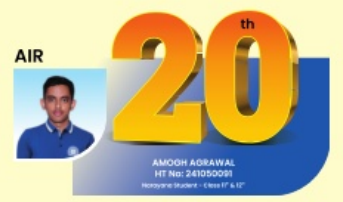

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Aerial insights: Drones to capture B'luru cityscape

BDA invites tenders to conduct drone survey, craft comprehensive master plan for city

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The survey aims to construct a 3D model of the city using orthorectified images & digital elevation models

The Bangalore Development Authority (BDA) has decided to conduct a drone survey to craft a comprehensive master plan for the city and has invited tenders from private companies to execute the survey. The deadline for submitting tenders is June 15, and the financial bids will be opened on June 21. The current master plan, created in 2015, remains in effect. Previously, the BDA had prepared a revised master plan for 2031, but it was not implemented. Although master plans have been prepared twice before, they were not implemented due to various reasons.

3D mapping

Using orthorectified images and digital elevation models, the survey aims to construct a 3D model of the city, encompassing an area of approximately 440 sq km and identifying spots such as buffer zones, lakes, and canals. Equipped with 360-degree cameras, drones will capture images of the city from multiple angles. These images will then be used to create a 3D reality mesh model, overlaying it onto the actual terrain. Through this survey, the BDA aims to delineate various aspects of the city, including land use, topography, and infrastructure.

An official said that tenders for the survey have been invited by the BDA, and the chosen contractor will be responsible for obtaining the requisite permissions from all relevant authorities, including the Defence Ministry. "The new master plan will provide a roadmap for developing the city's infrastructure, transportation, and other amenities. The survey will use advanced technology, including geographic information systems. Conducted by a private agency, the tender process for this survey has already been initiated. Additionally, the authority will establish a monitoring cell to oversee the survey work and ensure its quality," said the official.

The Master Plan is a statutory plan that controls the development of infrastructure in the city. It also serves as a guide for the city's future development. "The 'Master Plan-2015' was prepared in 2005, but it has not been revised since then. Despite this, the development of Bengaluru has been rapid, with a significant increase in land use and the number of vehicles. The city's development has been uncontrolled, with the construction of buildings, roads, and other infrastructure projects happening haphazardly. Therefore, it is essential to create a new master plan that considers the city's growth and development over the next 20 years. The new plan would be comprehensive, futuristic, and sustainable," added the official.

History of previous master plans

The state government has stated that the consideration of the Revised Master Plan (RMP) 2041 for Bengaluru, which involves a drone survey, is still ongoing. In response to this, DCM DK Shivakumar stated during a recent discussion session, "The state government granted permission for the RMP 2031 on November 22, 2017. However, on June 22, 2020, the decision to proceed with the RMP 2031 was revoked." Subsequently, on December 12, 2021, e-tenders were issued for the RMP 2041.

However, civic activists argue that the RMP 2031 was flawed from the beginning, and the government should not make the same mistakes in preparing the RMP 2041. They believe it is time to abandon static and long-term master plans and instead focus on land use and zoning regulations. "There is a need to transition to a dynamic strategic spatial planning process that establishes clear goals and guiding principles with citizen input to develop the plan," said an activist.

Activists suggest that the government should formulate a strategic spatial plan and select 10 strategic projects distributed across the city, such as a hardware park in Devanahalli or a textile hub on Mysuru Road. Others propose the concept of a "five-kilometre city," where living and working within a 5 km radius becomes feasible. This would require the implementation of social rental housing, enabling the poor, including drivers, maids, and vendors, to reside in the same area and coexist with the rich and middle class.

Activists sound alarm over neglect & waste in city lakes

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Waste accumulated at Dorekere Lake

The persistent dumping of garbage in Bengaluru's lakes has raised serious concerns among environmental activists. Despite numerous lakes being allocated for maintenance, the efforts appear inadequate, leading to deteriorating conditions. Raghavendra B Pachhapur, a prominent lake activist, highlighted the gravity of the situation, emphasising the urgent need for systemic waste management at lakes. With the monsoon shower, several lakes are seeing an inflow of garbage into the water body. "Many lakes are handed over for maintenance, but the work is not carried out properly. We have seen waste being buried under soil or burned, particularly at Doddakallasandra Lake," said Pachhapur.

Similarly, the situation is grim at Dorekere Lake, where the lake bed is often covered in plastic waste. Dorekere is not only a local natural resource but also a haven for various bird species, including migratory birds. Pachhapur and his team discovered nests of grey herons while attempting to clean the lake, which halted their efforts to avoid disturbing the birds. "In Dorekere Lake, we have witnessed the lake bed full of plastic. It's a vital habitat for many birds, including migratory species. In the last five years, we have seen similar situations in many lakes, including Chunchaghatta and Kothanur Lakes," he added.

The activist further pointed out the ineffective waste management practices that exacerbate the problem. "If a contract is given for lake maintenance, it should be done thoroughly. Waste is often found floating on the lake surface and settled on the lake bed," he said. Last year, the dry spell revealed a parched Dorekere Lake bed, which allowed for a temporary cleanup. However, this year's first rainfall brought back a staggering amount of solid waste, undoing their efforts. "The sight of so much waste being washed back into the lake after a single rainfall was shocking. There is a dire need for systematic changes in handling solid waste. The contractors maintaining the lake are not doing it properly," added Pachhapur.

The lake activists state that there should be a comprehensive approach to tackle the waste problem, emphasising the importance of community involvement and stricter enforcement of waste management policies. They further added that without significant intervention, the ecological health of these lakes will continue to decline, affecting both wildlife and local communities.

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Missing footpaths

Kendriya Sadan Road

There is no footpath on either side of Kendriya Sadan Road, from the Koramangala Water Tank to Madiwala Main Road.

Remove it

Magadi Main Road

This vehicle has been parked near Sri Yellamma Temple on Magadi Main Road for a year now, turning the area into a dumping ground for garbage, an open urinal, and a breeding ground for mosquitoes. Requesting the authorities to take action to remove the vehicle.

Where to walk?

KR Puram

The KR Puram market and bus stop area are consistently occupied by unauthorised vendors, leaving no space for pedestrians to walk.

This link is twisted: Hackers trap victims with click trick

People receive leading messages on social media platform with spurious links, which when clicked lead to hacking of account

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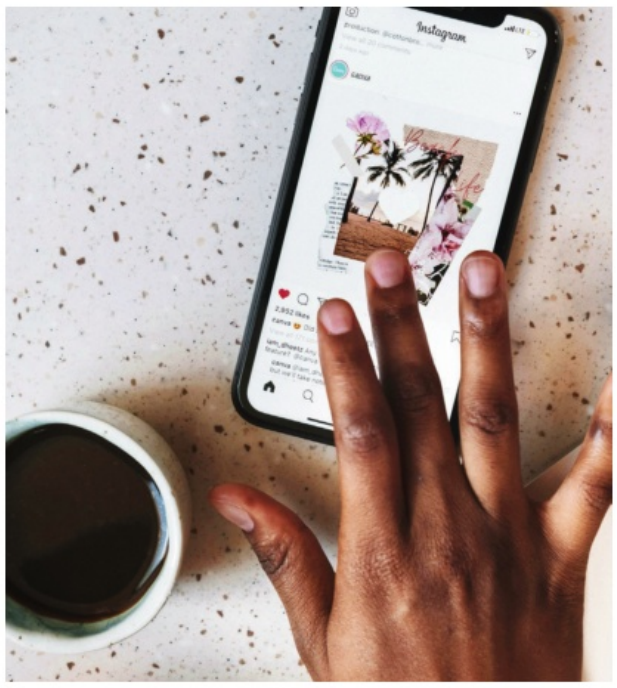

Bengaluru police have asked people to be on the alert as another phishing attack spree has been launched on the social media platform Instagram.

In the latest scam, people are receiving texts on Instagram with a link and a question that says, "is this your photo?"

Curious to know if it's their photo, many people click on the link.

When you click on the link, it leads you to another webpage which looks very similar to Instagram login page. Police said that convinced by the looks of the website and curious to know if someone else is posting their photos, people are putting their credentials on the fake website.

After they put their ID password, their account is getting hacked. Cyber security experts say that people used to get duped back even when the internet was not accessible to everyone and the same holds true for today as well.

> **"Make sure to never trust anyone unknown to you. If you have to take any action about which you are confused, it's better to consult someone or look up for information**

In the last decade, the penetration of technology in the households was limited and access to mobile devices and home computers was not common. The systems at that time were quite hackable and the need to scam people was not necessary.

But today these multi-billion-dollar companies have made the security of these devices resilient to a level that for an average cyber criminal, it is excruciatingly tough to hack into these systems which has made these cyber criminals turn to different methods of gaining unauthorised access to peoples' devices, for example, phishing, the expert said.

"Though companies and governments have taken steps towards creating awareness about common phishing campaigns and how to protect oneself, these cyber criminals have to prove time and again that the problem still remains -- humans can be easily duped," said the cyber security expert.

He added that some simple steps can be taken in order to mitigate such issues, like always be cautious with unexpected emails or messages. For example, you may receive an email stating, "Your Instagram account password has expired. Please change your password to maintain access to your account." Upon clicking the link, you're redirected to a website that requests your username and password. Without realising it, you've been hacked.

These scams often leverage the resemblance to the original website. However, you can often differentiate between legitimate and fraudulent emails/websites by checking the email address and domain name respectively. For instance, if the legitimate email address is @instagram.com, the phishing email might have a variation like @instagraam.com, indicating its fraudulent nature.

Also, always make sure in case you receive a Whatsapp message from a bank asking you to take some action, make sure the account is verified (green tick).

"Make sure to never trust anyone unknown and if you have to take any action about which you are confused, it's better to consult someone or look up the entity online. Lastly we need to understand the fact that in this age of information and technology, the devices and systems we use daily have become so advanced that it makes us the only weak link in this system, so we should keep ourselves updated about these phishing scams that happen every now and then along with creating awareness about them as well," he added.

Court sends Prajwal Revanna to 14-days judicial custody

Suspended JD(S) MP Prajwal Revanna being brought to a city court on Thursday

Former JD(S) MP Prajwal Revanna was sent to judicial custody for 14 days by the 42nd Additional Chief Metropolitan Magistrate (ACMM) Court on Monday.

Prajwal Revanna, who is accused in the obscene video case, was arrested from the Kempegowda International Airport in Bengaluru after his return to the country.

The court on May 31 remanded him to SIT custody till June 6 and later extended it till June 10.

On June 1, the SIT team gathered at the Holenarasipura residence of Bhavani Revanna, the mother of suspended JD(S) leader Prajwal Revanna, for questioning.

Bhavani is accused in the kidnapping case registered under IPC sections 64(A), 365, 109, 120(B).

Her husband, HD Revanna, was arrested earlier in connection with the kidnapping case on April 29 and granted conditional bail by a special court for people's representatives.

The case, registered on April 28 at the Holenarasipura town police station, involves allegations of sexual assault by Revanna and his son, Hassan MP Prajwal Revanna, against their house help.

Prajwal Revanna had returned to India from Germany nearly a month after leaving the country supposedly on the night of April 26 after several obscene videos allegedly involving him surfaced on social media platforms.

Revanna is facing a probe by the SIT over allegations of sexual harassment and criminal intimidation following a complaint by a woman who worked as a domestic help at his house. **ANI**

Metered auto app launched in city, you can expect surge-free fares

Karnataka Rajya Chalakara Parishath (Karnataka State Driver's Council) in collaboration with Agnibhu Technologies launched the 'Nagara Metered Auto' application on Monday. This union-backed aggregator application comes after the launch of Namma Yatri backed by Auto Rickshaw Drivers' Union (ARDU) in November 2022.

As per the union, passengers booking rides through the application are required to pay the government-set fares without any additional charges. At present, the government set fare is Rs 30 for the first two kilometres with an additional Rs 15 charge for every subsequent kilometre.

The parishath has noted that the application will be of benefit to both passengers and the drivers as passengers are often subjected to surge pricing whereas the drivers are required to pay a commission fee to other popular aggregator applications.

Drivers often complain of a high commission charge and not being paid their due on time. The union plans to enrol over 1,000 drivers in the first phase. While drivers would not be required to pay commissions for each ride, they will have to pay a subscription fee in order to access the application. The union has noted that only autos with calibrated meters certified by the state Legal Metrology Department will be allowed to enrol.

This is similar to the functioning of Namma Yatri. At present, Namma Yatri has been successfully running with a subscription model. While they had initially begun with a no-commission concept, they now have the subscription plans: The Daily Unlimited Plan amounts to Rs 25 per day where if a driver takes no more than one ride in a day, the plan amount will not be charged for the day. The Daily Per Ride Plan amounts to Rs 3.5 per trip where the maximum charge is Rs 35 per day, applicable to the first 10 rides only.

The commuter on the Nagara Metered Auto application will be required to book a ride. Once accepted by the driver, they can share the one-time password (OTP) generated. The auto drivers will never switch on the meter in the auto and follow the directions provided on maps through the application. At the end of the trip, the passenger is required to pay the fare amount shown on the meter directly to the auto driver. In case of street hailing, passengers can scan a driver's QR code to book a ride.

No sign of govt app

In December last year, Transport Minister Ramalinga Reddy said that the Karnataka government plans to launch its own ride-hailing app it would likely be open for public use by February 2024. However, the application has yet to see the light of day. The government began to work on the application after grievances regarding commission from private aggregators saw a significant increase in 2023. The Transport and e-Governance Departments are working on the app.

ಉದ್ಯೋಗಾವಕಾಶ

ಅಪ್ರೆಂಟಿಶಿಪ್, ಫಿಕ್ಸೆಡ್ ಟರ್ಮ್ ಎಂಪ್ಲಾಯ್ಮೆಂಟ್ (FTE) ಹಾಗು ಗುತ್ತಿಗೆ ಆಧಾರದ ಮೇಲೆ ನೇಮಕಾತಿ

ಸನ್ ಬೈಟ್ ಮ್ಯಾನ್ ಪವರ್ ಸಲೂಷನ್ಸ್ ಪ್ರೈವೇಟ್ ಲಿಮಿಟೆಡ್ ಅಡಿಯಲ್ಲಿ ಪ್ರತಿಷ್ಠಿತ ಆಟೋಮೊಬೈಲ್ ಕಂಪೆನಿಯಾದ ಹೋಂಡಾ ಮೋಟರ್ ಸೈಕಲ್ & ಸ್ಕೂಟರ್ ಇಂಡಿಯಾ ಪ್ರೈವೇಟ್ ಲಿಮಿಟೆಡ್ ನಲ್ಲಿ ಉದ್ಯೋಗಾವಕಾಶ.

* ವಿದ್ಯಾರ್ಹತೆ : ITI (ಯಾವುದೇ ಟ್ರೇಡ್) PUC /SSLC
* ಸ್ಟೈಫಂಡ್ : 16,000/- Gross
* FTE ಸಂಬಳ : ರೂ 18,500/- Gross
* ವಯಸ್ಸು: ಕನಿಷ್ಠ 18 ವರ್ಷ ಮತ್ತು ಗರಿಷ್ಠ 25 ವರ್ಷ.

ಇತರೆ ಪ್ರಯೋಜನಗಳು: ಸಬ್ಸಿಡಿ, ಕ್ಯಾಂಟೀನ್, ಆಹಾರ, ಸಮವಸ್ತ್ರ ಇತ್ಯಾದಿ.

ಎಲ್ಲಾ ಆರ್ಹ ಆಭ್ಯರ್ಥಿಗಳು ತಮ್ಮ ಒರಿಜಿನಲ್ ಡಾಕ್ಯುಮೆಂಟ್ಸ್ ಗಾತ್ರದ ಫೋಟೋ, ಬಯೋ-ಡೇಟಾದ ವಿವರಗಳು, ವಿಳಾಸ ಪುರಾವೆ (ಆಧಾರ್ ಕಾರ್ಡ್ ಮತ್ತು ವೋಟರ್ ಐಡಿ) ಮತ್ತು SSLC ಮತ್ತು ITI ಮಾರ್ಕ್ ಶೀಟ್‌ನ ದೃಢೀಕೃತ ಪ್ರತಿಯೊಂದಿಗೆ ನೇರವಾಗಿ ಸಂದರ್ಶನಕ್ಕೆ ಹಾಜರಾಗತಕ್ಕದ್ದು.

ಸಂದರ್ಶನ ದಿನಾಂಕ : 11-06-2024,
ಸಂದರ್ಶನ ಸ್ಥಳ: Govt ITI,
BH Road, KAVALAGUNDI,
BHADRAVATHI - 577229.

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Leopard safari to begin this month

Forest Minister announces June start date for long-awaited safari; camera tickets, aquarium projects, and animal care course also unveiled

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TWEETS @sridharVMIRROR

Since 2017, there have been promises that the elusive leopard safari at Bannerghatta Biological Park (BBP) would start "soon." Forest Minister Eshwar Khandre now says it may finally commence by the end of the month. On Monday, Khandre announced that the leopard safari would begin in June at BBP, which already houses lions and tigers. The safari will cover 3.5 acres, and the work is nearly complete. Officials believe that once the leopard safari opens to the public, it will attract more visitors. Currently, BBP safaris include lions, tigers, and bears. Initially, seven to eight leopards will be introduced into the safari area to prevent conflicts among them. "There are other challenges with leopard safaris because these cats tend to jump on trees, and extra security features have to be in place before the safari is open to the public," said an official. BBP currently has 33 leopards, all housed at the rehabilitation centre for rescued tigers and lions. To set up the country's first leopard safari, BBP officials conducted extensive research. They visited zoos and leopard habitats at various locations, resulting in a carefully planned facility at BBP. The special enclosures, including the kraal, will each be 10,000 square feet in area. Eventually, these will be merged with the safari environment. The safari area will be isolated with a moat, and a 5-meter-high chain-link mesh over a rubble wall will ensure that no leopard strays out. The kraals will be covered with an overhanging mesh with the option to cover them completely. The leopards can rest inside their house at night and relax at the kraal during the day. The houses will also have provisions for veterinarians to move freely for treatments.

Camera tickets to be introduced

D During the 156th Zoo Authority Meeting at Vikas Soudha, strategies to attract more tourists and increase revenue were discussed. A detailed project report (DPR) will be prepared, and a consultant will be selected within 15 days for building an aquarium at Mysuru's Sri Chamrajendra Zoo and Karanji Lake under the Public-Private Partnership (PPP) model. Camera tickets will be introduced at Mysuru Zoo and Karanji Lake Nature Park. Proposals for freshwater and saltwater aquariums at Bannerghatta National Biological Park were approved. Measures to ensure sufficient wildlife veterinarians and prevent animal deaths were also discussed, with appointments and temporary local veterinary services approved.

Cauvery water for zoo

The government has approved the supply of Cauvery water to Bannerghatta Biological Park, and with the pipeline work completed, permission has been granted to release the water. Approval has been given to cover the medical expenses of 153 contract staff members at Bannerghatta Biological Park, who earn more than Rs 21,000 per month, as per CGHS rates. The Rhino Conservation and Breeding Center in Bannerghatta National Park will operate as a satellite centre of Bannerghatta Biological Park.

> **"...extra security features have to be in place before the safari is open to the public** —an official

Diploma course

The minister has approved a 10-month diploma course in Animal Care and Management at BBP, in collaboration with the Bangalore Life Science Education Trust. The course will cover wildlife conservation, animal behaviour, and health, alongside practical training. A detailed proposal will be prepared for the next meeting.

IN BRIEF

SC refuses to quash charges against MLA

The Supreme Court on Monday declined to quash criminal charges framed by a special court against Karnataka MLA Vinay Rajashekarappa Kulkarni in the murder case of former Bharatiya Janata Party (BJP) worker Yogesh Goudar.

A vacation bench of Justices Sanjay Kumar and Augustine George Masih refused to interfere with the Karnataka High Court order and said the former minister's case was not a fit one for quashing. "This is not a case for quashing," said the bench.

The apex court dismissed the special leave petition filed by Congress MLA Kulkarni against the April 8 High Court order, which upheld the charges framed by the special court against him and 20 others. Senior advocate Siddhartha Dave, appearing for Kulkarni, told the top court that the MLA had been named only in the second charge sheet filed by the CBI and that the statement of the deceased's widow doesn't disclose his name.

To this, Justice Kumar observed, "You also wrote a letter to the Chief Secretary seeking transfer of the public prosecutor because she was vigorously conducting the trial, uninfluenced by you Minister."

Dave replied, "Even when I was the minister, the trial took place, but not a whisper by the wife of the deceased." Justice Kumar said, "You obviously bought over the widow... Sorry, SLP dismissed."

At this juncture, Dave sought permission from the apex court to withdraw the petition, which the bench refused. "This has to stop. This trying your luck at the Supreme Court, then backing out, this court has become a gambling court or what?" the apex court said. —ANI

BM Trippin' Tales

Rains lay a green carpet over Chikkamagaluru

The onset of the monsoon has once again unveiled the stunning beauty of the Western Ghats. Hills that were recently dry and barren have transformed into lush green landscapes. Waterfalls, previously dried up, are now flowing vigorously, and the misty climate has created a picturesque atmosphere across the region.

Chikkamagaluru district, renowned for its natural splendour, has seen a noticeable uptick in tourism in recent days. Once a beloved destination for tourists, the district has experienced a decline in visitors in recent years due to various factors. However, the arrival of the monsoon has rejuvenated the area, making it a sought-after spot for tourists once more.

The Chandra Drona hill range within the district has been particularly popular, drawing tourists from all over the country. Known for its breathtaking scenery, this hill range has come alive with flowing waterfalls, enhancing the region's allure.

To ensure tourist safety, the district administration has implemented several measures. Personnel have been deployed to prevent tourists from venturing into hazardous areas, and signboards have been erected to warn visitors of potential dangers within the forest. This surge in tourism has positively impacted the local economy. Locals are now benefiting from the increased influx of visitors. The demand for accommodation and food has risen, providing a boost to local hoteliers and restaurateurs.

Chikkamagaluru, celebrated for its natural beauty, is once again a popular tourist destination. The increase in tourist numbers has not only rejuvenated the district's reputation but also provided a significant economic uplift to the local community.

> **Locals struggling financially, are now benefiting from influx of visitors seeking food & stay**

"The rain breathes new life into the region, transforming the hills into a vibrant green paradise. The cool, misty air, the sound of rain, and the sight of waterfalls cascading down the hills create a magical atmosphere that is hard to find anywhere else. It's a perfect setting for relaxation and rejuvenation. We love exploring the Chandra Drona hill range, which is not only visually stunning but also offers numerous trekking opportunities. The trails vary from easy walks to challenging hikes, catering to all levels of adventurers. The thrill of reaching a summit and taking in the panoramic views of the verdant landscape is unparalleled," said Sandhya Kumar, a travel enthusiast.

"The local culture and hospitality add another layer to our experience. The people of Chikkamagaluru are warm and welcoming, and we always enjoy interacting with them. Staying in homestays gives us a chance to experience the local way of life, enjoy authentic Malnad cuisine, and learn about the region's rich history and traditions. Moreover, Chikkamagaluru's coffee plantations are a unique attraction. Touring these plantations, learning about the coffee-making process, and tasting freshly brewed coffee right from the source is a delightful experience that we cherish. Overall, Chikkamagaluru offers a perfect blend of natural beauty, adventure, culture, and tranquillity. It's a place where we can disconnect from our busy lives and reconnect with nature and ourselves. Every trip to here leaves us with cherished memories and a renewed sense of peace, making it our favourite getaway from Bengaluru," added Mukesh Pai, another travel enthusiast.

—Sridhar Vivan

HEALTH TIP: Snacking on one piece of fruit or a tiny handful of nuts can be rather nourishing

Regular eating of beets might lower the risk of heart disease and stroke

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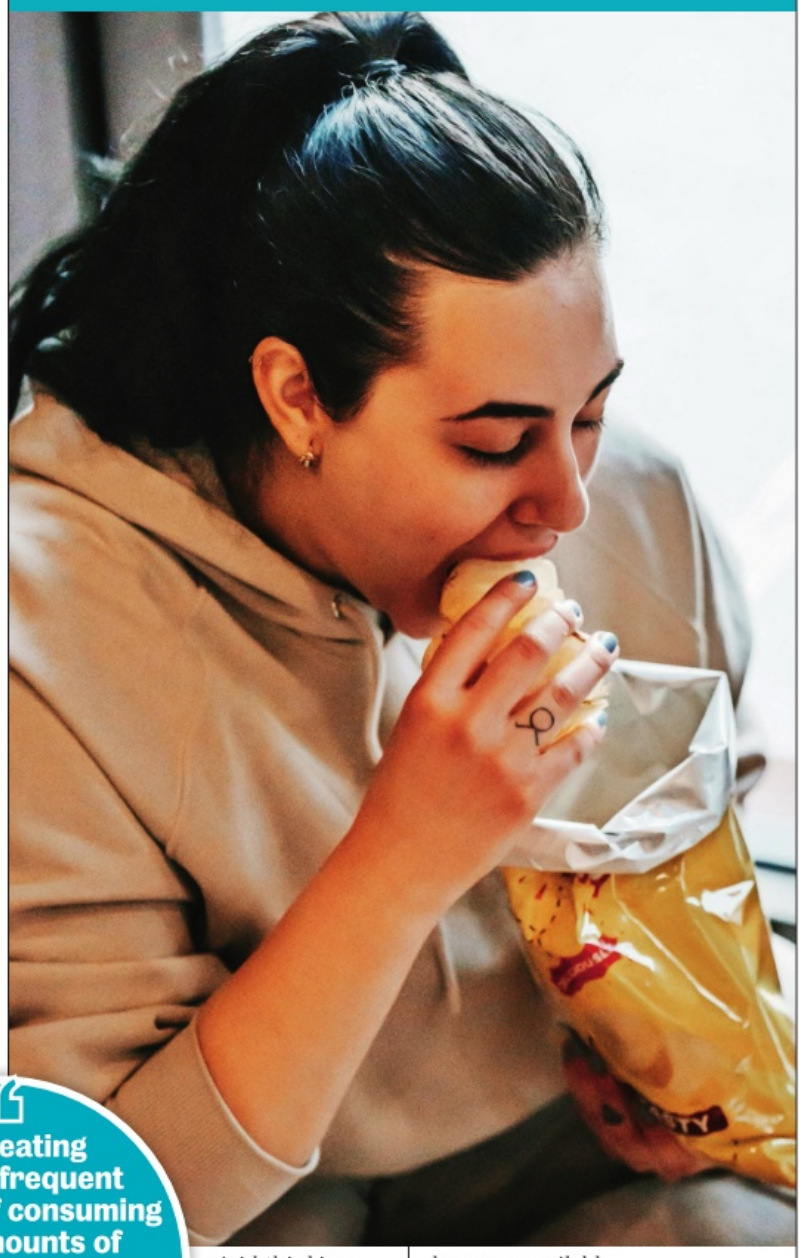
BINGE ON IT

The most common eating disorder is one you've never heard of



It's on the rise and affects people of all body sizes and genders. But binge eating disorder is widely misunderstood and often ignored.

When you think of an eating disorder, chances are you picture a young girl with anorexia, or possibly bulimia.

You're not alone. Those conditions are most commonly portrayed in TV and film — and research shows the media usually depicts both as mostly affecting white women under 30.

However, binge eating disorder is a far more common condition — but is rarely talked about and is mostly misunderstood.

The condition also seems to be on the rise: the frequency of binge eating behaviour in South Australia, for example, increased more than five-fold between 1995 and 2015.

All ages, all genders, all body sizes

Binge eating disorder is believed to be the most common eating disorder in Australia and the US. Forty-seven per cent of all people with eating disorders have binge eating disorder. It has a lifetime prevalence of 4.5 percent of females and 3 percent of males.

It involves frequent episodes of consuming unusually large quantities of food in a short period of time, accompanied by a sense of loss of control. Unlike in bulimia, the binge isn't followed by purging or compensatory behaviours such as excessive exercise.

These episodes are very different from typical overeating. They're driven by an intense, repetitive compulsion to overeat, and are often followed by feelings of shame, guilt and distress.

Binge eating disorder can significantly impair people's lives. People with the disorder are often very secretive about their eating habits and eat alone.

> **Binge eating involves frequent episodes of consuming large amounts of food in a short period of time, accompanied by a sense of loss of control**

The average age of onset for the condition is 25 — but people of all ages, genders, body shapes and sizes, sexual orientations and ethnic backgrounds can be affected. No-one is immune.

Food insecurity and other causes

We don't know the exact causes, but it is believed to be a complex interaction of biological, psychological, social and environmental factors.

Eating disorders are genetic, and we are still determining genetic profiles that may predispose people towards developing binge eating disorder.

Psychologically, several factors increase susceptibility. They include low self-esteem, heightened negative emotions, rigid thinking styles, conflict avoidance, and impulsive or obsessive behaviours.

Cultural influences can also play a role. The idolisation of thinner, toned or muscular bodies, coupled with the normalisation of dieting, foster an environment where people's self-worth is commonly linked with their physical appearance.

This can induce feelings of shame in those who do not conform, which increases the risk of eating disorders.

Food insecurity is another factor. People who have experienced unstable access to food, whether in childhood or later life — due to financial hardship or homelessness, for example — may develop a survival-driven response, leading to binge eating when food becomes available.

This behaviour is seen in children who hoard or binge after periods of food deprivation, and it can persist into adulthood, increasing the risk of binge eating disorder.

More barriers to treatment than other disorders

People with binge eating disorder face significant barriers to accessing appropriate treatment — more so than other eating disorders and particularly compared to other mental health conditions.

In general, there are not enough health professionals to deliver eating disorder-specific treatment, particularly in more remote areas of Australia. The cost of treatment can also be very high in our currently very challenging economic climate.

There tends to a longer delay for seeking treatment after onset. What's more, only 19 to 36 per cent people with binge eating disorder ever seek treatment.

Stigma, shame and fear of judgment often prevents people with binge eating disorder from accessing treatment.

Weight stigma — the discrimination or stereotyping based on a person's weight — further compounds this issue. This stigma is most prevalent among people with higher body weight, leading to increased body dissatisfaction and potentially contributing to the development of binge eating disorder.

Treatment: from therapy to medication

Treatment will usually involve multidisciplinary treatment including psychological and dietary treatment, sometimes in conjunction with medication.

Enhanced cognitive behavioural therapy is effective in changing unhelpful thoughts and behaviours for some people. Certain other forms of psychotherapy or 'talk therapy,' such as Interpersonal Therapy and Dialectical Behavioural Therapy, may also be helpful.

Dietary approaches generally focus on trying to regulate eating behaviours and improve the person's relationship with food.

There has been an increase in online support options for psychological and dietary approaches including some that are more self-directed. However, it is always preferable to have a team of health professionals involved to guide people, even if treatment is delivered entirely online.

The only Therapeutic Goods Administration-approved medication for binge eating disorder in Australia in adults is lisdexamfetamine (marketed under the brand name Vyvanse), which was originally discovered to treat attention-deficit/hyperactivity disorder.

Some people have found this medication to be very helpful in reducing binge eating episodes but others experience substantial side effects including nausea, headaches, anxiety, insomnia, so they discontinue the medication. Clearly, we need more targeted drug discovery for binge eating disorder.

Some recent small studies have suggested that GLP-1 receptor agonists — the same class of medications as Ozempic (semaglutide) — can reduce binge eating behaviours — but more large-scale studies are definitely needed before this class of medications can be determined as safe and effective for use.

While binge eating disorder is often overlooked, it remains to be seen whether with time and increased awareness there will be stronger investment in improving prevention, accessibility and treatments for this too-often forgotten but very common eating disorder.

(By Gabriel Lubieniecki and Gemma Sharp, Monash University, 360info.org)

All you need to know about...

Exercise during evening

Sundown workout

Finding it hard to lower your blood sugar levels? Doing exercises in the evening hours may help, according to a study on Monday.

The study published in the journal Obesity showed that moderate to vigorous physical activity in the evening for sedentary adults with overweight and obesity is most beneficial in lowering daily blood sugar levels.

Precision exercise

"Our results highlight the importance of the field of precision exercise prescription," said Jonatan R. Ruiz, Professor of physical activity and health, at the Department of Physical and Sports Education, University of Granada in Spain.

"In clinical practice, certified sports and medical personnel should consider the optimal timing of the day to enhance the effectiveness of the exercise and physical activity programs they prescribe," he added.

Results

The team studied a total of 186 adults who exercised between 6 am and noon, noon to 6 pm, or 6 pm to midnight over 14 days. The participants had a body mass index of 32.9 kg/m2 with overweight or obesity with an average age of 46 years.

The results showed that accumulating greater than 50 per cent of moderate to vigorous physical activity in the evening was associated with lowering day, night, and overall blood glucose levels compared with being inactive.

The association was found to be stronger in participants with impaired glucose regulation and was similar in both men and women. Aerobic moderate to vigorous physical activity between 6 pm and midnight reduced the risk of premature death and death from cardiovascular disease, the study showed.

—IANS

'Marshals must rein in garbage dumpers'

KAUSHIK JN

CONTINUED FROM PAGE 1

One can see rusted steel rods protruding from incomplete pillars at the Ejipura Junction," said Anil Kumar, a resident of Ejipura.

A resident, on the condition of anonymity, said the waste collection from door to door in and around Ejipura is not up to the expectations. "Pourakarmikas engaged in collecting waste from door steps arrive late. The working couples, who have no other option, dump waste under the flyover while on the way to their workplaces. This problem can be solved only if the BBMP Solid Waste Management Department streamline collection of waste from door to door," the resident said.

Coming down heavily on those dumping waste, Koramangala 4th Block Residents' Welfare Association general secretary R Raghu said that pourakarmikas have been working hard to keep the road clean. "The pourakarmikas are removing waste on a daily basis. The BBMP marshals must penalise those dumping waste under the flyover.

BBMP Solid Waste Management Assistant Executive Engineer Shashikala too reiterated that pourakarmikas have been clearing garbage under the flyover. "I will assign BBMP marshals to keep a vigil on the stretch under the flyover and penalise those responsible for dumping waste. I will take measures to remove garbage under the flyover. I urge residents of nearby areas not to dump waste under the flyover and cooperate with the BBMP to keep the road clean," she said.

Kumaraswamy becomes steel minister in Modi 3.0 government

#New Delhi

JD(S) leader and son of former prime minister HD Deve Gowda HD Kumaraswamy has been allotted the portfolio of Union Minister for Steel in the Modi 3.0 government.

Kumaraswamy will succeed Jyotiraditya M Scindia, who has been allocated the Ministry of Communications and the Ministry of Development of North Eastern Region in the new government.

He takes charge of the ministry at a time when the domestic industry is facing the crucial issue of rising steel imports from countries like China, and surging raw material prices.

The JD(S) leader has also been given the charge of Minister of Heavy Industries.

Two-time chief minister of Karnataka and five-time JD(S) MLA contested from Mandya Lok Sabha seat in Karnataka and won by 2,84,620 votes, defeating Venkataramane Gowda (Star Chandru) of the Congress in the 18th general elections.

He secured 851881 votes, while Venkataramane Gowda got 5,67,261 votes.

Son of JD(S) patriarch and former prime minister H D Deve Gowda, Kumaraswamy is the the state president of JD(S). He has managed to secure a cabinet berth by allying with the BJP, at a time when his party was fighting the "battle for survival".

The 64-year-old Vokkaliga leader had desired to become agriculture minister.

By winning the Mandya Lok Sabha seat, the former CM has not only managed to regain the JD(S)'s lost bastion, but also demonstrated that the party is still a force to be reckoned with in Karnataka, by allying with the BJP.

Joshi is renewable energy minister

A die-hard RSS loyalist and long-time BJP worker Pralhad Joshi has been appointed New & Renewable Energy Minister, who replaces RK Singh as he lost the election from the Arrah constituency.

Joshi is a five-time member of Parliament from the saffron party's bastion of Dharwad in Karnataka.

His main challenge will be to push the National Green Hydrogen Mission in the country. The government had also provided Rs 19,744 crore for setting a manufacturing capacity of electrolysers used for producing green hydrogen.

The mission also provides incentives to produce green hydrogen and ammonia.

Besides, Joshi will have to ensure 50 GW capacity addition of renewable energy every year to achieve the ultimate target of 500 GW of non-fossil fuel-based power generation by 2030. **PTI**

Thanks to proactive planning, no power crisis in state, says Energy Ministry

With its strategic use of renewable energy (RE) and non-renewable energy resources, Karnataka has managed to meet its growing energy demand during the peak summer months, said state Energy Minister KJ George on Monday.

Incidentally, the state's power consumption between February and May this year scaled new heights, the minister said at a press conference.

"The peak demand stood at 17,220 MW on February 12. The highest average daily consumption in the state stood at 332 million units on April 5, showcasing the state's commitment to a sustainable energy future," he added.

According to him, the state's success in managing the excess demand for power, owing to unprecedented heat waves, was possible through a combination of strategies such as increased generation capacity, renewable energy integration, efficient grid management, and demand-side management initiatives.

"It's a testament to the state's proactive approach to energy planning and infrastructure development."

He also said to meet the energy demand, the government of Karnataka negotiated an exchange of surplus power with other states during specific hours.

"For instance, Karnataka swapped power with Uttar Pradesh during the pre-solar and post-solar hours to an extent of 300MW to 600MW from October 2023 to May.

This power is to be returned to Uttar Pradesh from June 16 to September 30. A similar arrangement was made with Punjab for a quantum of 500MW of round the clock (RTC) power from November 2023.

The same will be returned from June 16 to September 30," added George. **PTI**

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CHANGE OF NAME

I Anil Kumar Dhonti Suryanarayana Setty S/O, Suryanarayana Setty R/o 3000 KR Road 17th Cross Banashankari 2nd Stage have changed my name to Anil Kumar Donthi for all purposes

I, Mohamad Munavar S/o Mohammed Haneef Sab DOB 16.03.1960 R/a 35/4, 5th cross, 9th main road, shamanna garden, bangalore 26. Shall henceforth be known as Mohammed Munawar vide affidavit dt 08.06.2024 sworn before MK Devaki, Blr-86.

I, Rajiya begum W/o Mohammed Munawar DOB 08.10.1966 R/a 35/4, 5th cross, 9th main road, shamanna garden, bangalore 26. Shall henceforth be known as Raziya Begum vide affidavit dt 01.06.2024 sworn before Deepa M, Blr-26.

I, Tabasum Sultana Mohammed Ayub R/a at No 1393, Old Madras Soap factory Road, Near BBMP office, Devarajeevanahalli, Bangalore-560045. I have Changed my name to Tabasum Sultana Vide affidavit dated on 01/06/2024 Sworn before Notary V Rajashekhara Bangalore.

I, Krina D/o Dharmesh R Shah R/o #142, 7th Main 20th cross, 3rd Block, Basaveshwarnagara, Bengaluru - 560079 have changed my name to Krina D Shah vide affidavit date 10 june 2024 before notary Kaveri B

I, Soumya Residing at No.98, Sai Enclave, Madappanahalli, Bangalore-560064 have changed my name to SOUMYA HARISH vide affidavit dated 15.05.2024 Sworn before notary H K Gopalagowda, Bangalore

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'Major improvements on western side of KR Market'

CONTINUED FROM PAGE 1

Work has been completed on the ground and first floor and the basement will be completed in two weeks. Additionally, we have taken up painting work to spruce up the place," said a senior BenSCL official.

So far, BenSCL has spent Rs 30 crore of the Rs 34 crore allocated for the project. The redevelopment work was awarded to NSL Constructions Pvt Ltd.

According to officials, one of the major problems was the lack of toilets and clean drinking water. "Apart from toilets, we are also providing RO plants that can supply 1,000 litres per hour. Eight such units will be installed in different locations.

According to BenSCL officials, they haven't taken up much reconstruction work except for minor fixes. "Despite being constructed in 1995, the building is strong. But the building has been affected by lack of maintenance work. We took up micro concreting at some of the weak columns where reinforcements had become exposed," he added.

Theft too among reason for delay

According to officials, the project was delayed due to the pandemic. Additionally, this being a busy market, it was difficult for contractors to work all through the day. "There is no security and vigilance in the area. BBMP marshals need to tighten security in the area. During the progress of the project, we had some instances of theft and vandalism of the Aluminum Roofing Composite Panel installed in the ceiling.

We had to constantly redo the work after the security lapses. We even filed a police complaint in the City Market police station regarding this," he added.

However, BenSCL officials say that BBMP needs to maintain the facility after the handover. "If BBMP does not maintain the facility, it will go back to its earlier condition. All the accumulated water from the side drains gets accumulated in the four collection pits in the basement.

Another major issue is the lack of solid waste management in the KR Market. These issues need to be addressed by BBMP after the handover," he added.

 # Suspicious death
Cine workers' body seeks probe into possible murder angle in actress Noor Malabika Das' death

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Pat on the back

Emerging actor Pruthvi Shamanur is overjoyed after being appreciated by Daali Dhananjay and actress Tara. Pruthvi, who has acted in the movies Padavi Poorva and Garadi, is playing the younger brother of the hero while Thanuja Venkatesh plays the younger sister in the movie Kotee.

At the recent trailer release, Daali Dhananjay and Tara appreciated Pruthvi and Thanuja. About his role, Pruthvi said, "Nachchi (name of the character) is a small role but it has the potential to showcase my acting skills."

Thanuja shared her excitement saying she plays Kotee's sister Mahathi. "It is an important role. I felt like a part of a real family while participating in shooting with Dhananjayanna, Taramma, and Pruthvi."

Director Param said Pruthvi's performance in two scenes of the movie is very good. And Thanuja has acted well," he said.

Strength of story

A simple muhurat function was held for Shivaraj KR Pete's yet to be titled movie at Sri Bande Mahankali Temple recently. The team did not invite a chief guest to keep it simple. Sharath Chakravarthy makes debut as an independent director in Sandalwood with this movie.

Sharath has been associated with Sandalwood for the last six years as script and dialogue writer. "I have known Shivaraj KR Pete for the last 12 years. I know his acting skills. I want to showcase him in a different avatar in this movie. He has been preparing for this movie for the last three months," said Sharath.

Declining to reveal the details of the remaining cast and crew, the director said the movie will go on floors during the monsoon. "We are waiting for the monsoon to pick up pace. We are planning to shoot it in Bengaluru, Mysuru, and Hassan and surrounding areas," he said.

The director said the movie will have all the elements that are needed to entertain the audiences. "It is a commercial movie with a good story. Nowadays, the audiences like such films. I am sure it will be successful at the box office," he said.

JUST BANTER

Vijay Varma quick to tease fan who was teasing him

Vijay Varma is set to appear in the highly anticipated 'Mirzapur Season 3'. As fans eagerly await the release date, the makers are building excitement with a series of promotional posts.

Recently, the 'Jaane Jaan' shared a post on his Instagram handle, prompting a fan to tease him about his girlfriend's reaction. Vijay's response to this was unmissable. Earlier today, on June 10, Vijay Varma shared a series of photographs on his Instagram.

In the latest post, Varma looked dapper in a white shirt paired with beige pants. Sharing the post, Vijay wrote, "Mirzapur fans ki gaaliyaan kha ke bhi pose karne ka ghamand hai...(Proud to pose even after being abused by Mirzapur fans)" As soon as Vijay shared the post, his girlfriend, Tamannaah Bhatia, promptly reacted by hitting the like button. Her response caught the attention of fans, who eagerly seized the opportunity to tease Vijay in the comments.

He wrote, "Unka like aa gya ji (Her comment has come) accompanied by face with hand over mouth emoji" To this, Vijay replied, "bade tez ho guru (you are pretty fast, boss)". In addition to this, Rasika Dugal also dropped laughter emojis reacting to the post to which the actor quipped, "@rasikadugal kaisi ho munna ki kajan mummy?"

Meanwhile, Vijay shot to fame with 'Pink' alongside Amitabh Bachchan, Taapsee Pannu and Kirti Kulhari. He then worked in several hit films like 'Gully Boy', 'Mirzapur', 'Darlings', 'Dahaad', 'Murder Mubarak' and more. He will be next seen in the films 'Suriya43' and 'Ul Jalool Ishq'.

—ETimes

Watch this story come alive by pointing your phone camera at the QR code

Style diva

Triptii Dimri's fashion choices cement her position as the next icon of style

Marriage on the cards?

Actress Sonakshi Sinha is reportedly set to marry her longtime boyfriend, Zaheer Iqbal, in Mumbai on June 23, according to media reports.

The couple has been together for a while but has kept their relationship private. Reports suggest that Sonakshi and Zaheer will get married at a venue in South Mumbai. However, the couple has yet to confirm any of the reports regarding their upcoming marriage. According to media reports, the wedding invitation is said to be designed like a magazine cover with the text "rumours are true."

Reports also claim that close family and friends, including the star cast of 'Heeramandi,' have been invited to the ceremony.

Both Sonakshi and Zaheer made their Bollywood debuts with Salman Khan's films.

Sonakshi debuted in 2010 with 'Dabangg,' while Zaheer's first film was 'Notebook' in 2019.

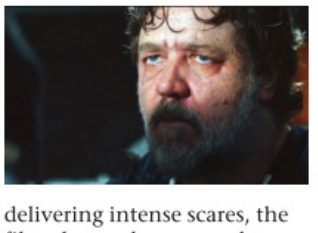
The couple also acted together in 'Double XL' in 2022. — IANS

Russell Crowe's 'The Exorcism' to be out in India on this date

Academy Award winner Russell Crowe's supernatural horror film 'The Exorcism' will be out in Indian theatres soon.

Directed by Joshua John Miller, the movie is set to be released on June 21.

' The Exorcism ' is inspired by true events from the experience of the director, Joshua John Miller and his father, Jason Miller, who has been a part of the 1973 cult classic, The Exorcist. While



delivering intense scares, the film also explores complex themes such as the representation of the LGBT community in religious contexts and the impact of purportedly cursed film sets on real life. Talking about his character, Crowe said, " For me, as an actor to play a man who has had these life experiences,was quite complicated. It was a very challenging idea as a role, so it got my interest." Ryan Simpkins plays Lee Miller, Anthony's estranged daughter. To this, Crowe added, " He wants to take that position of father but realises that he has work to do to rebuild trust with his daughter." —ANI

Chai-Time

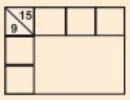
SOLVE IT IN A MINUTE

$\sqrt{8} \times \sqrt{72} / 3! \div 3! / 4! = ?$

BangaloreMirror | 10
Tuesday, June 11, 2024
mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

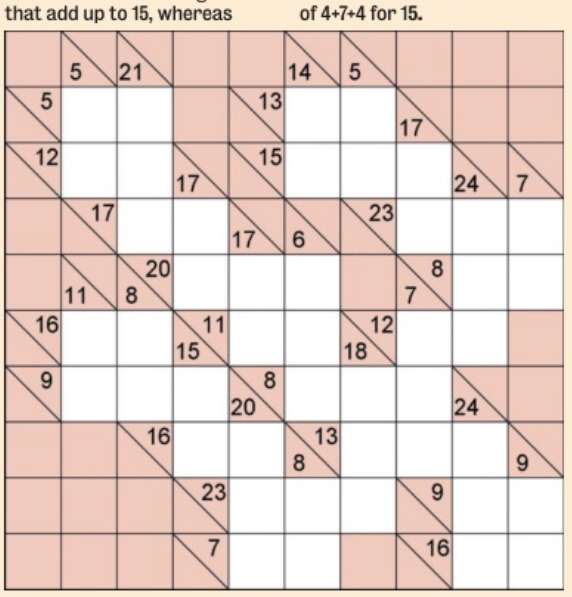
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

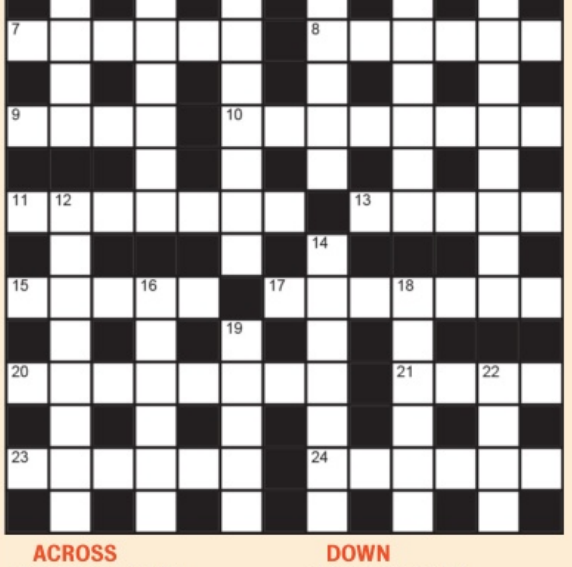


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Widen or swell (6)
8 Licentious, unchaste (6)
9 Prefix meaning "besides" or "beyond" (4)
10 Complied (6,2)
11 Pertaining to the great seas (7)
13 Hollywood's Tatum ____ (5)
15 Knaves (5)
17 Fine wood particles (7)
20 George Lucas' masterpiece (4,4)
21 Disposition (4)
23 Inborn (6)
24 Abraded (6)

DOWN

1 Prima donna (4)
2 Toronto locale (6)
3 Relating to the liver (7)
4 Expect (5)
5 Hospital doctor (6)
6 Abstains or desists (8)
12 Chewing the fat (informal) (8)
14 Corridor or thoroughfare (7)
16 Karnataka city just south of Goa (6)
18 Degrade (6)
19 Ebbs or reduces in intensity (5)
22 Is indebted to (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: F EQUALS G

N AINQ QXJBVDW UJHVIGJ RW VYVEWGQ ZVG QBWNYF QC XJED RJ UJXNYO RW UVHM.

Linemaro

You look cold. Want to use me as a blanket?

Mindchow

You are confined only by the walls you build yourself

Joke of the day

Hott Girl's Facebook Status* "Bored" – 86 Likes –54 Comments *My status* "Just got accepted into Harvard!" – 0 Likes –1 Comment from Mom:"... Nerd"

Loop

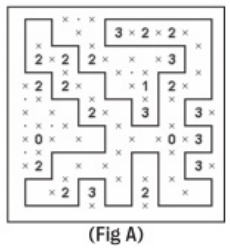
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

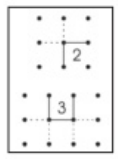
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

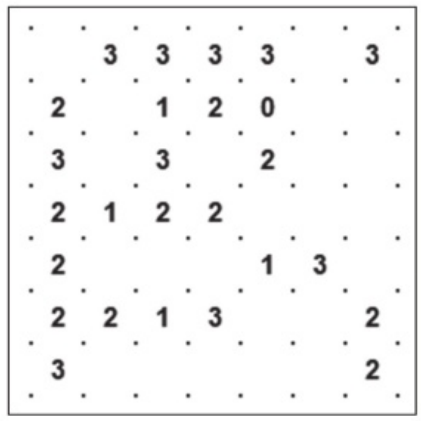
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



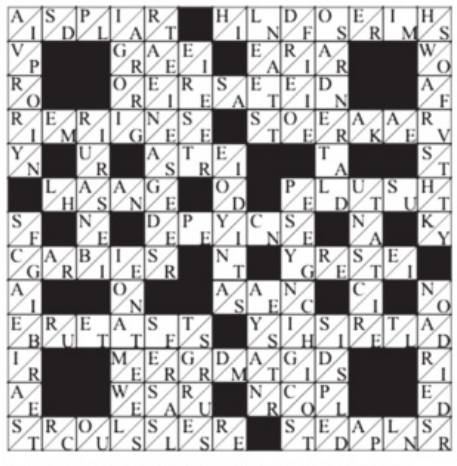
(Fig A)



(Fig B) Not Allowed



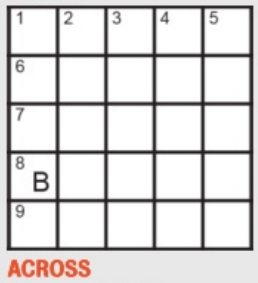
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Trams; 6 Marie;
7 Beamy; 8 Lob us;
9 Sot us

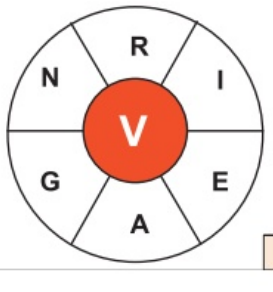
DOWN

1 Bomas; 2 Ma IOU;
3 My Sal; 4 Brute;
5 Rests

Mensapuzzle

The numbers in each set of nine relate to each other in a certain way. Work out the logic behind the numbers in the left-hand box in order to determine which number is missing from the right-hand box.

4	10	8		9	3	?
11	2	13		15	6	15
5	4	7		8	3	11



Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

12 Average; 14 Good; 16 Outstanding

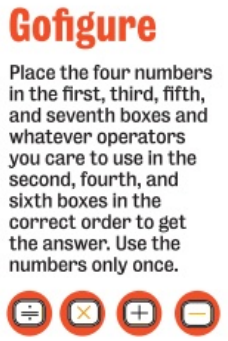
SudokuChallenge

		6				3		
	2						7	
9		5	3		4	2		1
	4		8		5		2	
7				1				4
	5		6		7		1	
5		4	9		1	7		2
	9						8	
		1				5		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 23
1 6 9 9

Medium = 20
3 6 8 9

Hard = 30
3 7 8 5

Hocusfocus

Find at least six differences in details between panels.

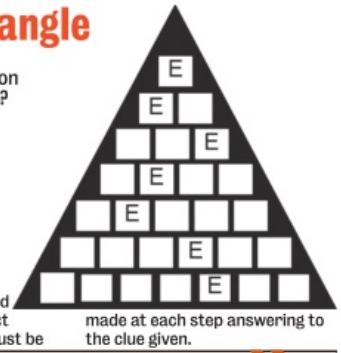
Differences: 1. Paper on desk is missing. 2. Foot is moved. 3. Tie is different. 4. Back of chair is different. 5. Top of desk is wider. 6. Hand is moved.

Riddler

Tom has never missed a single day of school, but he hasn't turned in a single homework assignment this year, either. He's always talking in class and hasn't passed a test in years. Even so, Tom has never gotten into trouble with any school staff, even though they know full well what he's doing. Tom isn't a special student and doesn't get unique treatment. So why does Tom never get into trouble?

Alpha triangle

1 Second vowel
2 Sound of hesitation
3 "Is" in the plural ?
4 Actual
5 Race type
6 Strata
7 Barristers

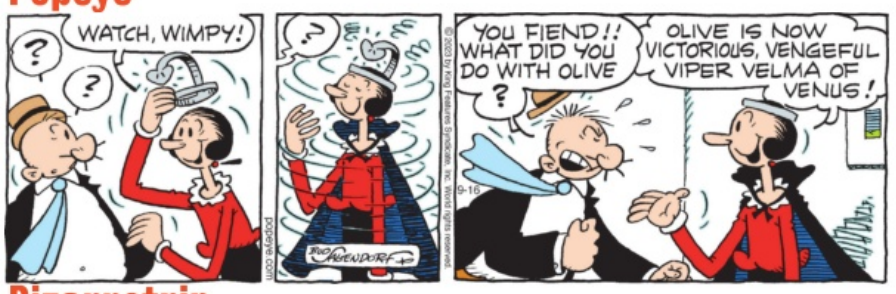


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE »

COMICS

Popeye



Bizarrotrip

Diamond Lil

Hart of the city

KAT
COME OVER AFTER SCHOOL TODAY!
HEY! YOU CLEANED YOUR ROOM!
YOU INSPIRED ME TO TAKE BETTER CARE OF MY STUFF.
BESIDES, I DON'T WANT ANTS.

Crankshaft

DO YOU WANT TO SCHEDULE YOUR SCAN AT OUR MAIN BRANCH... OR AT OUR WESTVIEW BRANCH?
THE WESTVIEW BRANCH.
I LIKE THEIR PARKING GARAGE BETTER!
PATIENT CHECK OUT

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may be in a hurry, so it is advised to drive safely. However, with the blessings of elders, you may come out of any messy situation. You might need to handle many things simultaneously, but your patience will help you succeed. You can expect positive results in new partnerships. Love birds may enjoy happy moments, and job seekers might find suitable jobs.

Taurus Apr 21 – May 20
Today, blessings from elders may boost your confidence. Trusting your intuition before taking any initiative can help you at work, especially in terms of financial gains. You might visit a religious place with your family members. Remember to control your arrogance to enjoy a harmonious domestic life. Students may expect good results with the help of destiny.

Gemini May 21 – Jun 21
Today, you may experience some instant gains in your business, boosting your confidence and bank balance. It's advised to avoid stress in your domestic life. There will be some momentum in your business and work. Your prestige may increase, and you might plan for an overseas trip.

Cancer Jun 22 – July 23
Today, things may not be favourable. You might feel dull and unhappy, and some mysterious fear may upset you. You may feel attracted to the occult and experience a lack of confidence, affecting your work. It is advised to avoid rash driving and risky adventure tours.

Leo Jul 24 – Aug 23
Today, you may be able to balance your earnings and expenses, boosting your bank balance. You are likely to perform better at your job, and your boss may assign you new responsibilities, possibly leading to promotions. You might recover money that was stuck and be able to control your opponents and hidden enemies.

Virgo Aug 24 – Sep 23
Today, you are blessed by the moon. Love is in the air for your personal life, and singles may find suitable matches. You may do well professionally, and your friends and subordinate staff are likely to support you.

Libra Sep 24 – Oct 22
Today, you may feel dull due to sleeplessness, and you might be distracted from your goals, affecting your working efficiency. You may plan to visit a religious place. However, in the late evening, you may receive blessings from your elders, helping you identify your mistakes and make a good plan for the coming day. It is advised to take care of your parents' health.

Scorpio Oct 23 – Nov 22
Today, your subordinate staff may be cooperative, helping you complete postponed projects. You are likely to join a social event, boosting your network and aiding your work or social life. You may plan an outing with friends, and any disputes with friends may be settled now. Students are advised to avoid carelessness.

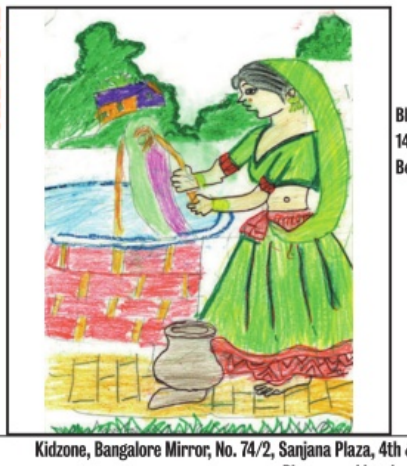
Sagittarius Nov 23 – Dec 22
Today, your communication skills may help you professionally. You are likely to be more polite with everyone around you, which can help speed up your projects. Love birds may exchange their views, laying the foundation for their relationship.

Capricorn Dec 23 – Jan 20
Today, you are blessed by the moon. New partnerships may benefit you. Your energy levels are likely to be high, and your hard work and enthusiasm may pay off in terms of financial gains. Your self-respect may protect you from negative people around you.

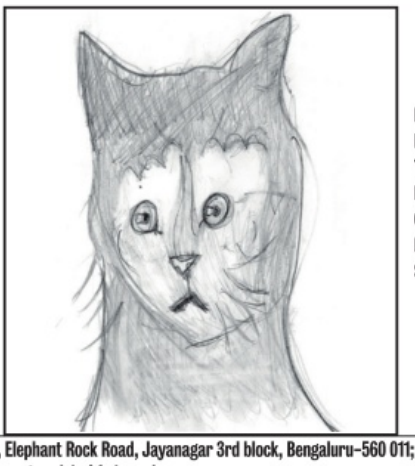
Aquarius Jan 21 – Feb 19
Today, you may feel dull and unhappy. It is advised to avoid harsh conversations with friends and family members. You might not receive proper reciprocation for your hard work, so it is important to follow your intuition and keep patience while making important decisions.

Pisces Feb 20 – Mar 20
Today, new sources of income may open up for you. Your past investments might give you a good profit, boosting your bank balance. You may connect with a social organisation, increasing your network. Singles may find a soulmate for marriage, and love birds may enjoy their happy moments.

KIDZONE



Bhoomika, 14 Years, Bengaluru



Md Anas Baig, 7 Years, Bishop Cotton Boys School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
√(8 x 72) / 6 ÷ 6/24
√576 / 6 x 24/ 6
24 / 6 x 24/6
4 x 4 = 16

RIDDLER
He is a teacher!

FAST FIVE

S	M	A	R	T
A	I	M	E	R
M	A	Y	B	E
B	O	L	U	S
O	U	S	T	S

BULL'S EYE
ayer, gave, give, given, giver, grave, naive, rave, raven, ravine, raving, vain, vane, vein, vine, VINEGAR

STRIKE OUT

I	S	P	A	T		I	N	F	O	R	M	S		
V		G	E	E		E	R	R		W				
O			O	E	R	S	T	E	D			A		
I		M	E	R	M	A	I	D		I				
B	R	E	A	S	T		S	H	I	E	L	D		
A		N		S	A	C		I		O				
C	R	I	E	R		T	Y	E	T	I				
S		N		E	P	I	C	S		N		Y		
H	A	N	G		D		P	L	U	S	H			
Y		R		A	T	E		A		T				
R	E	I	G	N	S		S	E	E	K	E	R		
O			O	E	R	S	T	E	D			A		
S	C	U	L	L	E	R		S	E	A	L	S		

QUICK

		D	C	H		A	I		F					
	D	I	L	A	T	E		W	A	N	T	O	N	
	O		N		P		A		T		R		A	
P	A	R	A		A	B	I	D	E	D	B	Y		
	D		T		T		R		E					
O	C	E	A	N	I	C		O	N	E	A	L		
	H		C		P				R					
J	A	C	K	S		S	A	W	D	U	S	T		
	T		A		W		S		E					
I	N	N	A	T	E		G	R	A	T	E	D		
	I		W		N		A		E		W			
S	T	A	R	W	A	R	S		M	O	O	D		
	A		W		S		E							
B	R	E	A	S	T		S	H	I	E	L	D		
A		N		S	A	C		I		O				
C	R	I	E	R		T	Y	E	T	I				
S		N		E	P	I	C	S		N		Y		
H	A	N	G		D		P	L	U	S	H			
Y		R		A	T	E		A		T				
R	E	I	G	N	S		S	E	E	K	E	R		
O			O	E	R	S	T	E	D			A		
S	C	U	L	L	E	R		S	E	A	L	S		

MENSA PUZZLE
18: in each column add the first two numbers, then divide the sum by 3 to obtain the bottom number, ie (4 + 11) ÷ 3 = 5.

QUOTE UNCODE
I quit therapy because my analyst was trying to help me behind my back.

SUDOKU

4	1	6	5	7	2	3	9	8
3	2	8	1	9	6	4	7	5
9	7	5	3	8	4	2	6	1
1	4	9	8	3	5	6	2	7
7	6	3	2	1	9	8	5	4
8	5	2	6	4	7	9	1	3
5	8	4	9	6	1	7	3	2
2	9	7	4	5	3	1	8	6
6	3	1	7	2	8	5	4	9

ALPHA TRIANGLE
E, Er, Are, Real, Relay, Layers, Lawyers.

GO FIGURE
Easy
9 + 9 - 1 + 6 = 23
Medium
6 + 8 + 9 - 3 = 20
Hard
5 x 7 + 3 - 8 = 30

LOOP

KAKURO

	5	1	4		9	2		
	7	4	8	9	1	5		
	9	8		8	6	9		
	6	8	9	3		7	1	
		9	7	1	8	4	9	
		2	1	9	2	5	4	8
			9	7		1	2	5
			2	1	5	9	7	
				9	7	2		

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